

## Stillness

Within the stillness, all can be understood. Allow the stillness to fall over you. Allow your thoughts to follow the stillness. Follow the path as to where the stillness takes you. To a place far away, within its own existence. It is an existence that is beckoning to be claimed. To be claimed and understood. For within this claiming and understanding, the light becomes revealed. The light that brings forth the truth of all that is meant to be revealed. Revelation will occur. A revelation that will bring all closer to their individual truths which then leads to the connection of others. Collectively, through each person's truth being revealed, an opening is created in which, all connect as one. This becomes a new process because it not only takes a conscious effort to claim and understand this existence, it takes a willingness to accept the revelation of individual truths and a desire to want to connect to others, as one. Without a revelation occurring, all cannot connect as one. The connection as one needs to occur to help to create the necessary changes needed in the energy field of the world. Within your stillness, the energy of your thoughts can help to double back towards you and replenish you.

The biggest hurdle of the revelation process is, being open to accepting individual truths. This is a hurdle because society creates a distraction. A distraction because everything else is more important and takes priority over the individual. A priority to achieve, no matter what the cost is, becomes the goal and stillness is left behind. Left behind with no time to attend to it. Consequently, a revelation that brings about the connection of all as one, cannot occur. The only way that this can occur, is if each person takes the time to connect to their stillness. Each person needs to decide to make the time to connect to their own stillness, to help create the energy changes desperately needed in the world.

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